

Announcements!

Are you having memory difficulties?

If you or a loved one have noticed memory changes or have received a memory related diagnosis, you may qualify for one of USF's clinical trials conducted by physicians at University of South Florida's Department of Psychiatry and Behavioral Neurosciences, Memory Disorder Clinic.

Participants may qualify for a study if they:

- Are age 50 and older
- Are experiencing memory related difficulties
- Have a caregiver or study partner

For more information please Join us here at the Crossings at Riverview, where we will be doing free memory screenings and an educational table on March 22nd at 2pm in the activity room.

If you are interested in being a part of the screening process, please sign up with the activity director to make sure to bring enough researchers with us that day.



The 12th Annual Senior Rom for Senior Citizens is coming up on April 3rd, 2019.

The Tickets are only \$15 (\$55 Value)

If you are interested in going to this outing please let Merari, the activity director, know and she will sign you up.

Deadline to pay is March 20th, cash only to Merari.



Find us on: **facebook**

@thecrossingsriverview

Outings

Monday Supermarket Outings

- Winn Dixie (4th)
- Target (11th)
- Publix (18th)
- Walmart (25th)

Wednesday Lunch Outings

- Bealls/Marshalls/Dollar Tree Outing 3/5 at 9:30am
- Ruby Tuesday 3/13 at 11:30am
- Mission BBQ 3/20 at 11:30am
- Manatee Viewing Center 3/27 at 10am

Friday, March 8th at 10:30 we will be going out to the **Strawberry Festival**. If you want to join your loved one there please us know so that we can come up with a meeting place.

The March of Women's History



The month of March is Women's History Month, in recognition of women and their impact on culture and society all around the world. The movement to establish recognition of women's history began in Sonoma, California, in the 1970s. A group of women formed the Education Task Force of the Sonoma County Commission on the Status of Women. Their goal was to include women's history in the local school curriculum. For too long, men had dominated the study while women's contributions had nary a mention. The movement in Sonoma was such a success that it gained traction nationwide. In 1980, President Jimmy Carter established the first Women's History Week, and then in 1987, Congress declared the entire month of March as Women's History Month. Politicians, writers, freedom fighters, scientists, soldiers, athletes—women have made contributions in virtually every field. Honor them this March.

The Crossings Monthly Newsletter

The Crossings at Riverview Assisted Living & Memory Care Community
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Celebrating March

Irish-American Heritage Month

Craft Month

Mardi Gras
March 5

International Women's Day
March 8

Pi Day
March 14

St. Patrick's Day
March 17

Resident's Birthdays
Betty Reames (27th)

Employees' Birthdays
Austin Ross (12th)
Chris Keene (15th)

Residents' Spotlight

We have had quite a few residents moved in since the year began and we want to thank them for choosing The Crossings at Riverview as their home. Please help us welcome the following residents to our community:



Mary



Delois



Dev



Armando

Welcome!

Employee of the Month



Congratulations to our star employee the month, Vanessa Xavier. She was born and raised in Rhode Island and moved here with her family when she was 23 years old. Vanessa just had her two years anniversary with us. She enjoys her job and it shows. Vanessa is not shy at all when it comes to offering help to anyone here at the Crossings. On her down time, she volunteers to help with activities, or you may see her covering the front desk during a lunch break. She loves to stay busy, gets along with everyone and is the true definition of a team player. When I asked what she likes the most about her job she said that keeping busy with the residents and making them happy is always top on her list. Venessa keep up the good work.

Exciting News for our Residents' Family Members

The USF Department of Health has offered their services to us for a family support group night. Cheryl Pruitt, MSW Memory Disorder Clinic Coordinator at the University of South Florida will be offering educational training for caregivers and family members. If you want to be part of this meetings all you have to do is show up. Our first family meeting will be on Monday, March 25th at 6:30pm. We will be providing Dinner to those attending so please RSVP if you can. This service is free to you. Topics that will be discuss are as follows: understanding the illness, behaviors, emergency preparedness, creating a safety net (planning), and communicating with loved ones with dementia. Our first meeting will focus on understanding the illness. I hope you can all make it.

Executive Director's Corner

Who's up for Mardi Gras? Fat Tuesday is right around the corner on March 5th. March 10th is Daylight Savings time. Remember to spring forward those clocks. Which brings us to the start of Spring on March 21st. This is a lovely time of year for the beautiful flowers and foliage. Then we cannot forget St. Patrick's Day, which is Sunday the 17th. March 11th is "Take a nap at work" day so be prepared to see staff wearing their pajama's. Should be a fun filled month. As always, please feel free to reach out to any of us if need be.

Pam Cutsuries, E.D.

These ladies crack me up. They are laughing at the names they picked for themselves on "Get at different name" day. From Left to right: Audrey (Lover), Nancy (Snoopy) & Marie (Jessica Rabbit).



Our basketball players could've been playing for the NBA but they chose us instead.



Starting at the top left we have Shirley, Carl, Joan, Cathy, Arthur, and Peggy.

All MVP's!!!



Bottom Picture: Our Residents having a great time at our happy hour. The Leis were donated to us by The National Independent Concessionaires Association. The Residents loved them.

