

The Crossings Newsletter

The Crossings at Riverview Assisted Living & Memory Care Community
8451 US HWY 301 S., Riverview, FL 33578 ~ 813-671-0222 ~ www.thecrossingsatriverview.com



August Outings

Monday Supermarket Outings

Winn Dixie (5)
Target (12)
Walmart (19)
Publix (26)



Wednesday Outings

Mi Casa Mexican Restaurant (7)
Yummy House Chinese Restaurant (14)
GQT Riverview 14 Theater (21)
Bealls/Marshalls/Dollar Tree (28)

Please be sure to always sign-up at the front desk for the any trips you will like to go in. There's a limit in the number of residents we can fit in the bus. If you didn't sign-up and the bus is full, we cannot take you until the next trip. Thanks!

Dog Days of Summer Begins on August.
Stay hydrated my friends.



August is relaxation month. I would like to think that it is because kids start going back to school and parents are now relaxing. Don't let that stop you from pampering yourself. There are many ways you can do it here at the Crossings for little or not cost to you. Lets starts with treating yourself to a salon visit. Our hairstylist and nail technicians are here on Mondays and Fridays from very early in the morning until about 3pm and have reasonable prices. Our no cost options will include a relaxation exercise class on Monday afternoon where we learn to relax each muscle group. Chair yoga on Wednesday morning is so very good for the soul. Then start the weekend having fun with our chair dancing exercise class on Friday morning. Jordan, our in-house therapist from Legacy, leads this group of dancers (no experience necessary). One last thing, the last Saturday of the month a representative from Mary Kay will be here to give anyone of our residents a free facial. Please look at your monthly activity calendar for more information, time and location for these events. Then just relax!



Visit us on Facebook
@thecrossingsriverview



Celebrating August

- Read a Romance Novel Month**
- American Artists Appreciation Month**
- International Clown Week**
August 1-7
- Sandcastle Day**
August 3
- Bowling Day**
August 10
- International Left Handers Day**
August 13
- International Geocaching Day**
August 17
- Bow Tie Day**
August 28

Happy Birthday to...

- Shirley Brosch (5th)
- Richard Raiskin (9th)
- Edna Asher (15th)
- Jessica Meadows (23rd)
- Earl Chotiner (25th)
- JoAnn Harlan (26th)
- Sandy Daubar (28th)

Resident Spotlight



Meet Jean Nelson our resident of the month. Jean was born & raised in Whitley County, Kentucky. She is the first out of 4 girls. There were no brothers to bully them, so she had to make sure that she gave her sisters the bully experience by being their bully. Jean was an RN her whole life. The last 20 years of her working career she spent it on the Operating Room of Good Samaritan Hospital in the University of Kentucky. She had one daughter, which gave her three grandchildren, ten great-grandchildren and three great-great grandchildren...and counting. She retired in her 70s from nursing and moved to Florida to be near her grandchildren, at that time teenagers. She practically raised two of her great grandchildren, Lexi and Grant. At 92, you can't hardly keep up with her or notice her age since she is so active in our community. She moved here about 2 years ago. She loves to spend time with her Bridge Club buddies, loves her bingo, chair exercise and at times you will see her help with decorations when she is bored.

Employee Spotlight



“My name is Debra and I have been working with The Crossings at Riverview since August 2018 and I love it. I am no stranger to a kitchen. I have spent over 25 years as a corporate Chef. Three of those years I was a private Chef for 40 Traders at Fidelity Investments of New Hampshire where I am from. My grandmother owned a nursing home, so I am familiar with the older population. It is nice to be able to cook here at the Crossings as it does bring back many fond memories. I moved here three years ago after leaving Charleston, South Carolina. We survived our first hurricane without losing power. I think I will stay. A positive outlook on life is to begin each day with a decision to be happy”.

Congratulation Debra on being our August employee of the month. Your love for your work shows every day through the work that you do.

School Supply Drive

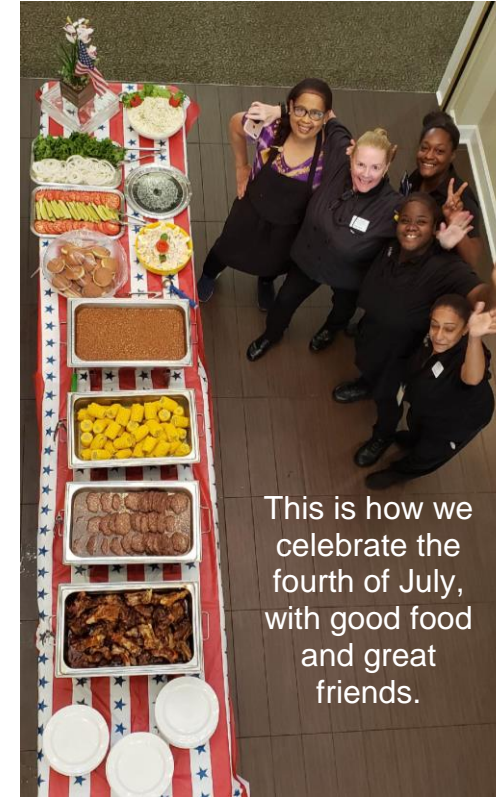
We are Now Accepting School Supply Donations

The Crossings at Riverview is doing a Back-to-School Drive for the foster children living at “A Kid’s Place”. If you are interested in donating to this cause, please drop your donations at the front desk from now until August 8th. The residents will be delivering the goods to “A Kid’s Place” on Friday, August 9th around 1:30 pm. Thank you in advance!

A Message from Pam...

I wanted to touch on a topic that is important to all of us – Medications and Medication Management. If the Crossings is managing your medication, we get any changes made to your medication regime from your Physician or Specialist. If we are not managing your medication, it gets a little tricky. If you go out to a physician or specialist, please make sure you let us know of any changes or addition to your medication. We need to know this because if you are sent out to the hospital or go to an appointment, we send your current medication list, so the provider is aware. If you have not relayed any changes or additions, we are not giving your healthcare providers accurate information. Also, if we management your medication, we must manage it all based on state regulation. What this means is that you cannot have over the counter medication in your apartment unless your healthcare provider specifically states, “may be kept in resident’s apartment or at bedside”. Please help us keep accurate records by providing medication information to us.

Reminiscing on Last Month’s Adventures



This is how we celebrate the fourth of July, with good food and great friends.



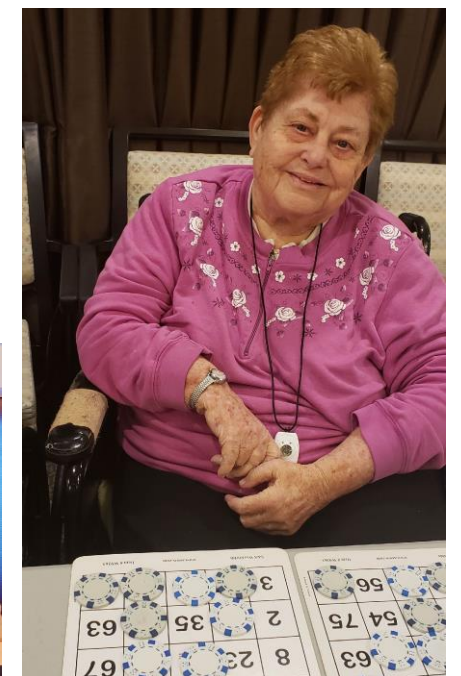
Wii Golf is a thing around here and our residents are loving it.



We all want to ride the Merry-Go-round, we just won’t admit to it



Keke’s Breakfast Outing. YUMMY!!!!



Our Big Winner!