

The Crossings Newsletter

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A Howling Good Time



Falling just a few days before Halloween, October 26 is Howl at the Moon Night. To hear a pack of wolves howling at the moon might make your hair stand on end, but there is really no scientific evidence to show that wolves do howl

specifically at the moon. The truth is that wolves howl for a variety of reasons, none of which have to do with the moon. Some howl when they are lonesome. Some howl in confrontation. Others howl to share their location or to warn of danger. The howling of a pack is done to exaggerate their numbers to rivals. Interestingly, wolves have been associated with the moon since ancient times. So, too, have werewolves, that gruesome transformation of people into wolves. Luckily, werewolves are also just a myth.

Lunch Trips

- 10/2 Outback Steakhouse @ 11:30am
- 10/9 Village Inn Breakfast @ 8:30am
- 10/16 The Florida Aquarium @ 9:30am
- 10/23 Tsunami Sushi & Hibachi Grill @ 11:30am
- 10/30 Ross Department Store @ 9:30am

Shopping Trips

Every Monday at 10am

- 10/7 Walmart
- 10/14 Target
- 10/21 Winn Dixie
- 10/28 Publix



Breast Cancer Awareness Month

“October is Breast Cancer Awareness Month, which is an annual campaign to increase awareness of the disease. While most people are aware of breast cancer, many forget to take the steps to have a plan to detect the disease in its early stages and encourage others to do the same”. Visit [NationalBreastCancer.org](http://www.nationalbreastcancer.org) for more information and ways you can help the fight.” <http://www.nationalcalendarapp.com/search>

Join us this month to bring awareness to others by wearing pink every Friday in the month of October.



“Having fun is a no-brainer,” said the zomBEE.



Celebrating October

Breast Cancer Awareness
Italian American Heritage Month

Positive Attitude Month

Mystery Series Week
October 6–12

World Day of Architecture
October 7

National Chess Day
October 9

Be Bald and Free Day
October 14

International Artists Day
October 25

All Hallows Eve
October 31

Resident Spotlight



Meet Norine & Joy (respectively) our newest edition to the Crossings family. They are truly a joy to have around. As you see them around the building, please introduce yourself to them and make them feel welcome.

As always, thank you for choosing The Crossings as your place to call home.

October Birthdays

Residents

- Clark M – 6th
- Tom R – 7th
- Henry C – 17th
- Flo S – 18th
- Nancy G – 27th

Employees

- David – 6th
- Valerie – 15th
- Cindy – 19th
- Jose – 20th
- Gina – 24th
- Catherine – 26th



Employee of the Month



My name is Denise Kinard I was born in Port-au-Prince Haiti, to the parents of Michael and Marie Kinard On November 24. I came to the US and lived in Port Charlotte Florida, I moved to Riverview in 2010 stayed until my Sophomore year of high school before relocating to Chicago. I came back soon after to finish my senior year of High School at East Bay. I started working right after High School. I was a Daycare Teacher before coming to the Crossings and that was something I really enjoyed. My aspirations in life are to help others which is why I enjoy my position here at The Crossings. Interacting with the staff and residents has given me a sense of awareness and understanding on how to care for seniors needs. Talking to the residents I learned a lot about their life experiences, and they have given me a chance to be more appreciative of life.

Congratulations Denise on being the employee of the month. Everyone has nothing but good things to say about you. Keep up the good work.

Director's Corner

We have been experiencing a high number of requests for room tray service from the kitchen. Please note that If you are ill and unable to dine in the Dining Room, you may request a tray. Meal dining is strongly encouraged. Room Tray services are restricted to sick days only. Effective November 1st, there will be a \$5.00 charge for meals delivered to your apartment unless you are sick. Please understand that we need to enforce this so the staff can provide care instead of delivering room trays.

Thank you,
Pam Cutsuries



Come get your shot!!!

Yes, it is that time of year again! On Wednesday, October 9th Walgreens Pharmacy will be visiting us to provide residents and employees with the Flu vaccine. If you are interested in getting this vaccine and you haven't done so already, please stop by the front desk to sign a consent form and the sign-up sheet.

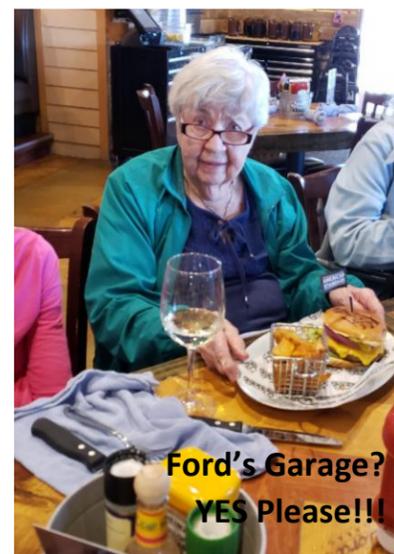
When: October 9th
Time: 1pm – 3pm
Where: Activity Room, 2nd floor



Making Memories



Such talent! Arts & Craft Club.



Ford's Garage? YES Please!!!



Mike getting pampered



Walking Club!

Brandon Mall Outing with the ladies was such a fun adventure! from left to right we have Nancy, Shirley, and Audrey.

