

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022

Assisted Living Community Activities



Happy Birthday Peggy! **1**
 9:00 Walking Club
 10:30 Wii Bowling, PLL
 1:30 Dominoes, PLL
 2:30 Ice Cream Social, AR
 3:00 Comedy Movie, ST
 6:00 Night Cap Club, ST

New Year's Day

2
 9:00 Walking Club
 10:30 Church Service, ST
 1:30 Reminiscing, AR
 2:30 Dominoes, PLL
 3:30 Wii Golf, PLL
 6:00 Night Cap Club, ST

3
 9:00 Walking Club
 10:00 Chair Yoga, PLL
 10:45 Chicken Soup for the Golden Soul Readings, AR
 2:00 Yahtzee, AR
 3:30 Quarter Bingo, ST
 6:00 Night Cap Club, ST

4
 9:30 Walking Club
 10:30 Cocoa with Carrie, B
 2:00 Christmas Décor Cleanup
 3:30 Famous Last Trivia, AR
 4:00 Poker Club, PLL
 6:00 Night Cap Club, ST

5
 9:00 Walking Club
 10:00 Chair Yoga, PLL
 10:30 Table Talk Tidbits, AR
 2:00 Bridge Club, PLL
 3:30 Quarter Bingo, ST
 6:00 Night Cap Club, ST

6
Happy Birthday Anita!
 9:00 Walking Club
 10:00 Cooking Demo, AR
 11:00 Discuss & Recall, AR
 2:00 **New Year Celebration with Vicky Ryan, B**
 3:30 Nature Walk by the River
 6:00 Night Cap Club, ST

7
 9:00 Walking Club
 9:45 **Fitness Fun w. Legacy, PLL**
 10:30 Catholic Services, ST
 2:00 Men's Club Meet, AR
 3:30 Quarter Bingo, ST
 6:00 Night Cap Club, ST

8
 9:00 Walking Club
 10:30 Wii Bowling, PLL
 1:30 Dominoes, PLL
 3:00 Comedy Movie, ST
 6:00 Night Cap Club, ST

9
 9:00 Walking Club
 10:00 TV Church Service, ST
 1:30 Reminiscing, AR
 2:30 Dominoes, PLL
 3:30 Wii Golf, PLL
 6:00 Night Cap Club, ST

10
 9:00 Walking Club
 10:00 Chair Yoga, PLL
 10:45 Armchair Travel – Visiting Australia, AR
 2:00 Yahtzee, AR
 3:30 Quarter Bingo, ST
 6:00 Night Cap Club, ST

11
 9:30 Walking Club
 10:30 Cocoa with Carrie, B
 2:00 Arts & Craft, AR
 3:30 Modern Jeopardy, AR
 4:00 Poker Club, PLL
 6:00 Night Cap Club, ST

12
 9:00 Walking Club
 10:00 Chair Yoga, PLL
 10:30 Table Talk Tidbits, AR
 2:00 Bridge Club, PLL
 3:30 Quarter Bingo, ST
 6:00 Night Cap Club, ST

13
 9:00 Walking Club
 10:00 Cooking Demo, AR
 11:00 Discuss & Recall, AR
 2:00 **Happy Hour with Eddy Rivers, B**
 3:30 Nature Walk by the River
 6:00 Night Cap Club, ST

14
 9:00 Walking Club
 9:45 **Fitness Fun w. Legacy, PLL**
 10:30 Catholic Services, ST
 2:00 Men's Club Meet, AR
 3:30 Quarter Bingo, ST
 6:00 Night Cap Club, ST

15
 9:00 Walking Club
 10:00 Church Service with Marge, B
 1:30 Dominoes, PLL
 3:00 Comedy Movie, ST
 6:00 Night Cap Club, ST

16
 9:00 Walking Club
 10:30 Church Service, ST
 1:30 Reminiscing, AR
 2:30 Dominoes, PLL
 3:30 Wii Golf, PLL
 6:00 Night Cap Club, ST

17
 9:00 Walking Club
 10:00 Chair Yoga, PLL
 10:45 Martin Luther King Program, AR
 3:30 Quarter Bingo, ST
 6:00 Night Cap Club, ST

Martin Luther King Jr. Day

18
 9:30 Walking Club
 10:30 Cocoa with Carrie, B
 2:00 January Scavenger Hunt, B
 3:30 Jeopardy Trivia, AR
 4:00 Poker Club, PLL
 6:00 Night Cap Club, ST

19
 9:00 Walking Club
 10:00 Chair Yoga, PLL
 10:30 Table Talk Tidbits, AR
 2:00 Bridge Club, PLL
 3:30 Quarter Bingo, ST
 6:00 Night Cap Club, ST

20
 9:00 Walking Club
 10:00 Cooking Demo, AR
 11:00 Discuss & Recall, AR
 2:00 Men's Club Meet, AR
 3:30 Quarter Bingo, ST
 6:00 Night Cap Club, ST

21
 9:00 Walking Club
 9:45 **Fitness Fun w. Legacy, PLL**
 10:30 Catholic Services, ST
 2:00 Nature Walk by the River
 3:30 Friends & Family Day, B
 6:00 Night Cap Club, ST

22
 9:00 Walking Club
 10:30 Wii Bowling, PLL
 1:30 Dominoes, PLL
 3:00 Comedy Movie, ST
 6:00 Night Cap Club, ST

23
 9:00 Walking Club
 10:00 TV Church Service, ST
 1:30 Reminiscing, AR
 2:30 Dominoes, PLL
 3:30 Wii Golf, PLL
 6:00 Night Cap Club, ST

Activity Professionals Week

24
Happy Birthday Diana!
 9:00 Walking Club
 10:00 Chair Yoga, PLL
 10:45 Armchair Travel – Visiting Australia, AR
 2:00 Yahtzee, AR
 3:30 Quarter Bingo, ST
 6:00 Night Cap Club, ST

25
 9:30 Walking Club
 10:30 Cocoa with Carrie, B
 2:00 Arts & Craft, AR
 3:30 Random Trivia, AR
 4:00 Poker Club, PLL
 6:00 Night Cap Club, ST

26
 9:00 Walking Club
 10:00 Chair Yoga, PLL
 10:30 Table Talk Tidbits, AR
 2:00 Armchair Travel – Visiting Australia, AR
 3:30 Quarter Bingo, ST
 6:00 Night Cap Club, ST
Australia Day (observed)

27
 9:00 Walking Club
 10:00 Cooking Demo, AR
 11:00 Discuss & Recall, AR
 2:00 **Happy Hour with Latin Breeze, B**
 3:30 Nature Walk by the River
 6:00 Night Cap Club, ST

28
 9:00 Walking Club
 9:45 **Fitness Fun w. Legacy, PLL**
 10:30 Catholic Services, ST
 2:00 Resident Council Meets, ST
 3:30 Quarter Bingo, ST
 6:00 Night Cap Club, ST

29
 9:00 Walking Club
 10:00 Church Service with Marge, B
 1:30 Dominoes, PLL
 3:00 Comedy Movie, ST
 6:00 Night Cap Club, ST

30
 9:00 Walking Club
 10:30 Church Service, ST
 1:30 Reminiscing, AR
 2:30 Dominoes, PLL
 3:30 Wii Golf, PLL
 6:00 Night Cap Club, ST

31
 9:00 Walking Club
 10:00 Chair Yoga, PLL
 10:45 Chicken Soup for the Golden Soul Readings, AR
 2:00 Butter Bean Auction, ST
 3:30 Quarter Bingo, ST
 6:00 Night Cap Club, ST

Happy New Year!!!! Welcome New Adventures!!!
 Weekly Cooking Demos on Thursday Mornings in the Activity Room (2nd Floor)
 Monthly Scavenger Hunts
 Armchair Travel where we will be visiting a new Country each month
 Yahtzee Dice Game
 Butter Bean Auction will continue once a month since it was so fun the first time
 Finally, Friends and family parties are back once a month