

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2023

Memory Care Activity Calendar

April Fool's Day 1
 9:30 Morning Reading & Birthday Month Poem
 10:00 BINGO
 11:00 Swing Music Time
 1:00 Western Movies
 3:00 American Bridges Activity & Snack & Hydrate
 6:00 Late Snack & Soft Music
 April Fools' Day

Palm Sunday 2
 9:30 Morning Reading
 10:00 Live Church Service
 11:00 Chair Volleyball
 2:00 Music by Bill San Juan
 3:00 **Movie Special:** Hoosiers with snacks & drinks
 6:00 Late Snack & Soft Music
 Palm Sunday

PB&J Day 3
 9:30 Morning Reading
 10:00 Chair Exercise Stress Awareness & Meditation
 11:00 Life Station Activities
 1:00 Armchair Travel
 1:30 PB&J Snacks
 3:00 Manicure & Hand Massage

Bye Bye Birdie Day 4
 9:30 Morning Reading
 10:00 Chair Basketball
 11:00 BINGO
 1:00 **Movie Special:** Bye Bye Birdie
 3:00 Play Connect 4
 4:00 Arts & Craft Time
 6:00 Late Snack & Soft Music

Passover Begins! 5
 9:30 Morning Readings
 10:00 Fitness Fun With Noodles
 11:00 Manicure & Hand Massage
 1:00 **Movie Special:** To Kill A Mockingbird
 2:30 Snack & Hydrate with Music
 3:30 Dog Therapy with "Keeper"
 6:00 Late Snack & Soft Music
 Passover Begins

Pink Moon Day 6
 9:30 Morning Reading
 10:00 Exercise with Parachute
 11:00 BINGO
 11:00 Baking
 2:00 Happy Hour Bill Montgomery
 3:30 "Secrets of the Last Supper" Documentary
 6:00 Late Snack & Soft Music

Good Friday 7
 9:30 Morning Readings
 10:00 Chair Exercises
 11:00 **Billie Holidays Day:** Billie
 1:00 Snack and Trivia
 2:00 "Send A Card" Activity
 3:00 Manicure & Hand Massage
 4:00 Soft Music & One-on-Ones
 6:00 Late Snack & Soft Music

Pick Up A Penny Day! 8
 9:30 Morning Readings
 10:00 Bean Bag Toss
 11:00 BINGO
 1:00 Lucky Penny Activity
 2:00 Baseball Records Discussion
 3:00 Laughter Yoga 😊
 6:00 Late Snack & Soft Music

Easter Sunday 9
 9:30 Morning Readings
 10:00 Live Church Service
 11:00 End of the Civil War Discussion
 1:00 Relaxing Music
 2:00 **Movie Special:** Rosie the Riveter
 4:00 Noodle Ball
 Easter Sunday

Dyngus Day 10
 9:30 Morning Readings
 10:00 Chair Exercise
 11:00 100th Day of the Year Activity
 1:00 **Movie Special:** Rain Man
 2:00 Baking
 3:00 Famous Siblings Trivia
 4:00 Golf Putty
 6:00 Late Snack & Soft Music

National Pet Day 11
 9:30 Morning Readings
 10:00 Chair Basketball
 11:00 BINGO
 1:00 Western TV Shows
 2:00 Health Benefits of Having a Pet!
 3:00 Relaxing Music & Hydrate
 6:00 Late Snack & Soft Music

Day of Pink 12
 9:30 Morning Readings
 10:00 Fitness Fun with Noodles
 11:00 Cracker Barrel Outing
 1:00 First Man in Space Documentary
 2:00 Day of Pink Activity
 3:00 Puzzles & Table Games
 6:00 Late Snack & Soft Music

Tap! Tap! Tap! Day 13
 9:30 Morning Readings
 10:00 Movie: Gone with the Wind
 1:00 BINGO
 2:00 Snack & Hydrate with Elvis
 3:30 Family Party with Latin Breeze
 6:00 Late Snack & Soft Music

National Dolphin Day 14
 9:30 Morning Readings
 10:00 Chair Exercises
 11:00 Friendly Guided Meditation
 1:00 Western TV Shows
 2:00 History of Tattoos Discussion
 3:00 Exploring Dolphin Species
 4:00 Manicure & Hand Massage
 6:00 Late Snack & Soft Music

Jackie Robinson Day 15
 9:30 Morning Readings
 10:00 Bean Bag Toss
 11:00 Titanic Discussion
 1:00 **Movie Special:** 42
 2:00 Baking
 3:00 Puzzles & Table Games
 6:00 Late Snack & Soft Music

Queen of Tejano Music Day 16
 9:30 Morning Readings
 10:00 Live Church Service
 11:00 Sunday School Humor
 1:00 Relaxing Music
 2:00 **Movie Special:** Selena
 3:00 Noodle Ball
 6:00 Late Snack & Soft Music

Blah, Blah, Blah Day 17
 9:30 Morning Readings
 10:00 Chair Exercise
 11:00 Discuss Haiku Poetry
 1:00 Wester TV Shows
 2:00 Ellis Island Activity
 3:00 What am I? Statue of Liberty
 6:00 Late Snack & Soft Music

Autism Awareness Day 18
 9:30 Morning Readings
 10:00 Chair Basketball
 11:00 BINGO
 1:00 Around the World, Virtual Tours
 2:00 Nature Walk in Garden
 3:00 Relaxing Music & Animal Crackers
 6:00 Late Snack & Soft Music

"Old Soldiers Never Die" Day 19
 9:30 Morning Readings
 10:00 Fitness Fun With Noodles
 11:00 Manicure & Hand Massage
 1:00 Western Movies
 2:00 Light Snack and Soft Music
 3:00 10 Greatest Poems Ever!
 4:00 Puzzles & Table Games
 6:00 Late Snack & Soft Music

Taurus The Bull Day 20
 9:30 Morning Readings
 10:00 Exercise with Parachute
 11:00 BINGO
 1:00 **Movie Special:** Frances, starring Jessica Lange
 2:00 Happy Hour with Eddy Rivers
 3:30 Taurus Coloring Activity
 4:00 Happy Birthday Fenway Park!

Happy B-day Queen E! 21
 9:30 Morning Readings
 10:00 Chair Exercises
 11:00 Friendly Guided Meditation
 1:00 **Movie Special:** Field of Dreams
 2:00 Snack & Hydrate with Elvis
 3:00 Trivia
 4:00 Manicure & Hand Massage

Happy Earth Day 22
 9:30 Morning Readings
 10:00 Bean Bag Toss
 11:00 BINGO
 1:00 Western Movies
 2:00 A-Mazing Jellybean Maze
 3:00 Learn a New Dance
 6:00 Late Snack & Soft Music
 Earth Day

Save the Rainforest Day 23
 9:30 Morning Readings
 10:00 Chair Volleyball
 11:00 Live Church Service
 1:00 History of Film
 2:00 History of the Spanish Language
 3:00 Rain Forest Frog Coloring
 6:00 Late Snack & Soft Music

Soda Fountain Day 24
 9:30 Morning Readings
 10:00 Chair Exercise
 11:00 Nature Walk in the Garden
 1:00 Barbara Streisand Concert!
 2:00 Coke & Root Beer Floats
 3:00 Tour of Scenic Vineyard
 6:00 Late Snack & Soft Music

Red Hat Day 25
 9:30 Morning Readings
 10:00 Chair Basketball
 11:00 BINGO
 1:00 **Movie Special:** March of The Penguins
 3:00 Playful Penguins Crossword
 4:00 Color Fitzgerald
 6:00 Late Snack & Soft Music

Happy Hump Day! 26
 9:30 Morning Readings
 10:00 Fitness Fun with Noodles
 11:00 The New York Diner Outing
 1:00 Western Movies
 2:00 Fact OR Foolery
 3:00 Light Snack and Soft Music
 6:00 Late Snack & Soft Music
 Administrative Professionals Day

Babe Ruth Day 27
 9:30 Morning Readings
 10:00 Exercise with Parachute
 11:00 BINGO
 1:00 Spot the Difference
 2:00 Happy Hour with Johnny T.
 3:00 One Potato Gentle Exercise
 6:00 Late Snack & Soft Music

Superhero Day 28
 9:30 Morning Readings
 10:00 Chair Exercises
 11:00 Friendly Guided Meditation
 1:00 **Movie Special: Superhero Movie Marathon**
 2:00 Light Music and Snacks
 3:00 Riddle Me This
 4:00 Manicure & Hand Massage
 Arbor Day

Sense of Smell Day 29
 9:30 Morning Readings
 10:00 Bean Bag Toss
 11:00 BINGO
 1:00 Western Movies
 2:00 Baking Bread
 3:00 Puzzles & Table Games
 6:00 Late Snack & Soft Music

Laugh Till You Cry Day 30
 9:30 Morning Readings
 10:00 Chair Volleyball
 11:00 Live Church Service
 1:00 Western Show
 2:00 Name That Instrument
 3:00 Noodle Ball
 6:00 Late Snack & Soft Music

In the end, it's not the years in your life that count. It's the life in your years.
 - Abraham Lincoln

Happy Birthday!!!
 James P. (4/1)
 Gail M. (4/3)
 Kenneth T. (4/9)
 Cathy M. (4/23)
 Venita S. (4/23)

April Trivia
 It is thought that the name April comes from the Latin word "to open" and describes the trees opening at springtime.
 Zodiac signs: **Aries & Taurus**
 Birthstone: **Diamond**
 Flower: **Daisy & Sweet Pea**