

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Quote of the Month 	Mother Goose Day 1 9:30 Morning Readings 10:00 Morning Stretches & Chair Volleyball 11:00 Guess the Mother Goose Nursery Rhyme 1:00 Spanish Guitar Music 2:00 Armchair Travel & Snack 3:00 Manicure & Hand Massage 6:00 Music to Sooth the Soul <small>May Day</small>	Double No-Hitter Day 2 9:30 Morning Readings 10:00 Chair Basketball 11:00 Bingo 1:00 Good Will Hunting 2:00 Baseball Trivia Quiz & Snacks and Hydrate 3:30 Pet Therapy 4:00 Laughter Wellness 6:00 Late Snack with Soft Music	Polka Day 3 9:30 Morning Readings 10:30 Morning Stretches and Fitness Fun with Noodles 1:00 Polka Music 2:00 Polka Trivia & Sing-along 2:30 Snack & Hydrate w. Music 3:00 One-on-One Walks 4:00 Life Station Activity 6:00 Late Snack with Soft Music	A Roman Holiday 4 9:30 Morning Readings & Breakfast at Tiffany's Trivia 10:00 Stretches & Exercise with Parachute 11:00 Bingo 1:00 Gun Smoke TV Show 2:00 Happy Hour & Snack Time 3:30 Movie: Roman Holiday 6:00 Late Snack with Soft Music	Flower Moon Day 5 9:30 Morning Readings 10:30 Catholic Church Service 11:00 Chair Dancing Exercise 1:00 Frank Sinatra Music 2:00 Words that Begin with Moon 3:00 One-on-One Walks 4:00 Life Station Activity <small>Cinco de Mayo</small>	Kentucky Derby Day 6 9:30 Morning Readings 10:30 Bingo 1:00 Relaxing Music 2:00 Bean Bag Toss 3:00 History of the Derby 3:30 One-on-One Walks 4:00 Life Station Activity 6:00 Tea & the Classics
Wild Horses Day 7 9:30 Morning Readings 10:00 Live Church Service 11:00 Noodle Ball 1:00 Romantic Music Playlist 2:00 History of Horses Discussion & Snacks 3:00 Back to the Wild: the wild horses of Assateague Island/YT 6:00 Late Snack with Soft Music	Flowers in Art Day 8 9:30 Morning Readings 10:00 Morning Stretches & Chair Volleyball 11:00 Flowers all A-Round (A&C) 1:00 The Golden Girls 2:00 Armchair Travel & Snack 3:00 Manicure & Hand Massage 6:00 Music to Sooth the Soul	Peter Pan Day 9 9:30 Morning Readings 10:00 Chair Basketball 11:00 Bingo 1:00 Animated Peter Pan Movie 2:00 Snack & Hydrate 3:00 Karaoke sing-along 4:00 Laughter Wellness 6:00 Late Snack with Soft Music	Mother Ocean Day 10 9:30 Morning Readings 10:30 Morning Stretches and Fitness Fun with Noodles 11:30 Olde Time Pizza Outing 1:00 Planet Earth: Ocean Deep 2:00 Who Am I? 2:30 Snack & Hydrate w. Music 3:00 One-on-One Walks 4:00 Life Station Activity	Aviator's Day 11 9:00 Walking Club 9:30 Morning Readings 10:00 Stretches & Exercise with Parachute 11:00 Bingo 1:00 Relaxing Music 2:00 Amazing F-16 Videos 3:30 Friends & Family Party 6:00 Late Snack with Soft Music	Yogi Berra Day 12 9:30 Morning Readings 10:30 Catholic Church Service 11:00 Chair Dancing Exercise 1:00 Golf Putty 1:00 Elvis Presley Live 2:00 Name 8; Video: 8 Minutes in Remembrance of Yogi 3:00 One-on-One Walks 4:00 Life Station Activity	A "Wonder-ful" Day 13 9:30 Morning Readings 10:30 Bingo 1:00 Stevie Wonder Songs 2:00 Bean Bag Toss 3:00 Ice Cream Social 3:30 One-on-One Walks 4:00 Life Station Activity 5:00 Movie: Top Gun 6:00 Tea & the Classics
Happy Mother's Day 14 9:30 Morning Readings 10:00 Live Church Service 11:00 Noodle Ball 1:00 Soft Music Playlist 2:00 Glamour Day & Glamour Shots for Mothers 4:30 Mother's Day Tea Party 6:00 Late Snack with Soft Music <small>Mother's Day National Skilled Nursing Week</small>	Women in Uniforms Day 15 9:30 Morning Readings 10:00 Morning Stretches & Chair Volleyball 11:00 USO: Women in History 1:00 Gun Smoke TV Show 2:00 Armchair Travel & Snack 3:00 Manicure & Hand Massage 6:00 Music to Sooth the Soul	Neighbor Day 16 9:30 Morning Readings 10:00 Chair Basketball 11:00 Bingo 1:00 Documentary: Want to Be My Neighbor 2:00 Snack & Hydrate 3:00 Karaoke sing-along 4:00 Laughter Wellness 6:00 Late Snack with Soft Music	A Berry Nice Day 17 9:30 Morning Readings 10:30 Morning Stretches and Fitness Fun with Noodles 1:00 Laugh In 2:00 Strawberry Facts & Trivia 2:30 Snack & Hydrate w. Music 3:00 One-on-One Walks 4:00 Life Station Activity 6:00 Late Snack with Soft Music	Perry Como Day 18 9:00 Walking Club 9:30 Morning Readings 10:00 Stretches & Exercise with Parachute 11:00 Bingo 1:00 Perry Como Playlist 2:00 Happy Hour & Snack Time 3:30 Documentary: Perry Como 6:00 Late Snack with Soft Music	Endangered Species Day 19 9:30 Morning Readings 10:30 Catholic Church Service 11:00 Chair Dancing Exercise 1:00 Golf Putty 1:00 Elvis Presley Live 1:30 Scenic Drive 2:00 Who am I? 3:00 One-on-One Walks 4:00 Life Station Activity	Armed Forces Day 20 9:30 Morning Readings 10:30 Bingo 1:00 M.A.S.H. 2:00 Bean Bag Toss 3:00 Ice Cream Social 3:30 One-on-One Walks 4:00 Life Station Activity 6:00 Tea & the Classics <small>Armed Forces Day</small>
Cultural Diversity Day 21 9:30 Morning Readings 10:00 Live Church Service 11:00 Noodle Ball 1:00 Romantic Music Playlist 2:00 Who am I? 3:00 Adult Coloring 6:00 Late Snack with Soft Music	Queen Victoria Day 22 9:30 Morning Readings 10:00 Morning Stretches & Chair Volleyball 11:00 Courtyard Games 1:00 The Tonight Show Starring Johnny Carson 2:00 Armchair Travel & Snack 3:00 Manicure & Hand Massage 6:00 Music to Sooth the Soul <small>Victoria Day (Canada)</small>	World Turtle Day 23 9:30 Morning Readings 10:00 Chair Basketball 11:00 Bingo 1:00 Netflix: Wild Babies 2:00 Snack & Hydrate 3:00 Turtles & Tortoise Facts 4:00 Laughter Wellness 6:00 Late Snack with Soft Music	Brother's Day 24 9:30 Morning Readings 10:30 Morning Stretches and Fitness Fun with Noodles 11:30 Lunch Outing to Datz 1:00 Movie Special: Rain Man 2:30 Snack & Hydrate 3:00 Manicure & Hand Massage 4:00 Life Station Activity 6:00 Late Snack with Soft Music	Shavuot Begins 25 9:00 Walking Club 9:30 Morning Readings 10:00 Stretches & Exercise with Parachute 11:00 Bingo 1:00 History on Shavuot 2:00 Happy Hour & Snack Time 3:30 Shavuot Coloring Pages 6:00 Late Snack with Soft Music <small>Shavuot Begins</small>	The Duke's Day 26 9:30 Morning Readings 10:30 Catholic Church Service 11:00 Chair Dancing Exercise 1:00 Golf Putty 1:00 The Alamo 2:00 Snack & Hydrate 3:00 One-on-One Walks 4:00 Life Station Activity	Wild Bill Hickock's B'day 27 9:30 Morning Readings 10:30 Bingo 1:00 The Adventures of Wild Bill Hickock 2:00 Bean Bag Toss 3:00 Ice Cream Social 3:30 One-on-One Walks 4:00 Life Station Activity 6:00 Tea & the Classics
Da Vinci's Day 28 9:30 Morning Readings 10:00 Live Church Service 11:00 Noodle Ball 1:00 Romantic Music Playlist 2:00 Da Vinci's Virtual Tour Video & Snacks 3:00 Color by Numbers 6:00 Late Snack with Soft Music	Thanks for the Memory Day 29 9:30 Morning Readings 10:00 Morning Stretches & Chair Volleyball 11:00 Name the Colonies 1:00 The Ghost Breaker Starring Bob Hope 3:00 Armchair Travel & Snack 4:00 Manicure & Hand Massage 6:00 Music to Sooth the Soul <small>Memorial Day</small>	Mariachi Day 30 9:30 Morning Readings 10:00 Chair Basketball 11:00 Bingo 1:00 Mariachi Music 2:00 Snack & Hydrate 3:00 Virtual Trip to Russia 4:00 Laughter Wellness 6:00 Late Snack with Soft Music	National Senior Health Day 31 9:30 Morning Readings 10:30 Exercise with Richard Simmons 1:00 Movie Special: Rawhide 2:30 Snack & Hydrate 3:00 One-on-One Walks 4:00 Life Station Activity 6:00 Late Snack with Soft Music			