

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

JULY 2023

Memory Care Activity Calendar



Pool Noodle Day 2 8:00 Morning Music 9:30 Morning Readings 10:00 Live Church Service 11:00 Noodle Ball Game 2:00 Trivia & Snacks 3:00 Painting with Relish Art 4:00 Table Puzzles 5:00 Evening Movie	Full Moon Day 3 9:30 Morning Readings 10:00 Morning Stretches & Chair Volleyball 11:00 Facials & Aroma Therapy 1:30 Storywise 2:30 Armchair Travel & Snack 3:30 Manicure & Hand Massage 6:00 Puzzles/Table Games	Independence Day 4 9:30 Morning Readings 10:00 Chair Basketball 11:00 Bingo 1:30 Uncle Sam's Party 2:30 Fun Sponge Firework A&C 3:30 Pet Therapy with Keeper 4:00 Who am I? Fireworks 6:00 Puzzles/Table Games	Viva Venezuela Day 5 9:30 Morning Readings 10:30 Morning Stretches and Fitness Fun with Noodles 11:30 Cheesecake Factory 1:00 The Beatles Music 2:00 Virtual Tour of Caracas 4:00 BBC Reminiscing Archive 6:00 Puzzles/Table Games	Summer Theater Thursday 6 9:30 Morning Readings 10:00 Stretches & Exercise with Parachute 11:00 Bingo 2:00 Karaoke Fun 3:30 Theater Games 5:00 Gun Smoke TV Show 6:00 Puzzles/Table Games	A Pirate's Day 7 9:30 Morning Readings 10:30 Catholic Church Service 10:30 Chair Dancing Exercise 11:00 Facts about the #7 1:00 The Beatles Music 2:00 Snacks & Trivia 4:00 Life Station Activity 5:00 Puzzles/Table Games	Happy Birthday Alfred! 1 9:30 Morning Readings 10:00 Florida Keys Workout 10:45 Snacks & Bingo 2:00 What am I? Tour de France 3:00 Bean Bag Toss 3:30 One-on-One Puzzles 4:00 Life Station Activity-Baby 6:00 Puzzles/Table Games
Life's Life a Box of Chocolate 9 8:00 Morning Music 9:30 Morning Readings 10:00 Live Church Service 11:00 Noodle Ball 2:00 Trivia & Snacks 3:00 Painting with Relish Art 4:00 Table Puzzles 5:00 Evening Movie	Fine Art Day 10 9:30 Morning Readings 10:00 Morning Stretches & Chair Volleyball 11:00 Virtual Tour of Fine Art 1:30 Storywise 2:30 Armchair Travel & Snack 3:30 Manicure & Hand Massage 6:00 Puzzles/Table Games	MLB All-Star Game 11 9:30 Morning Readings 10:00 Noodle Baseball 11:00 Bingo 2:00 Baseball Trivia 3:00 Top 100 Players of All Time 4:00 TV Show: Rascals 6:00 Puzzles/Table Games	Family Feud Day 12 9:30 Morning Readings 10:30 Morning Stretches and Fitness Fun with Noodles 1:00 The Beatles Music 2:00 Survey Says 4:00 BBC Reminiscing Archive 6:00 Puzzles/Table Games	Embrace Your Geekness Day 13 9:30 Morning Readings 10:00 Stretches & Exercise with Parachute 11:00 Bingo 2:00 Happy Hour & Snack Time 3:30 Trivia & Hydration 5:00 Gun Smoke TV Show 6:00 Puzzles/Table Games	Frankfurter Friday 14 9:30 Morning Readings 10:30 Catholic Church Service 10:30 Chair Dancing Exercise 11:00 Jane Goodall Study of Chimpanzees (YT) 2:00 Snacks & Trivia 3:00 One-on-One Walks 5:00 Puzzles/Table Games	Christmas in July 15 9:30 Morning Readings 10:00 Florida Keys Workout 10:45 Snacks & Bingo 2:00 Christmas in July Social 3:00 Bean Bag Toss 3:30 One-on-One Puzzles 4:00 Life Station Activity-Baby 6:00 Puzzles/Table Games
We All Scream for Ice Cream 16 8:00 Morning Music 9:30 Morning Readings 10:00 Live Church Service 11:00 Noodle Ball 2:00 Trivia & Snacks 3:00 Painting with Relish Art 4:00 Table Puzzles 5:00 Evening Movie	World Emoji Day 17 9:30 Morning Readings 10:00 Morning Stretches & Chair Volleyball 11:00 Emoji Arts & Craft 1:30 Storywise 2:30 Armchair Travel & Snack 3:30 Manicure & Hand Massage 6:00 Puzzles/Table Games	Happy Birthday Earline! 18 9:30 Morning Readings 10:00 Chair Basketball 11:00 Bingo 2:00 Dress to Impress 3:00 Photo Shoot 4:00 TV Show: Rascals 6:00 Puzzles/Table Games	Purple & Pink Day 19 9:30 Morning Readings 10:00 The Florida Aquarium 10:30 Morning Stretches and Fitness Fun with Noodles 1:00 The Beatles Music 2:00 Think Pink Game 4:00 BBC Reminiscing Archive 6:00 Puzzles/Table Games	Man on the Moon Day 20 9:30 Morning Readings 10:00 Stretches & Exercise with Parachute 11:00 Bingo 2:00 Happy Hour & Snack Time 3:30 Trivia & Hydration 5:00 Gun Smoke TV Show 6:00 Puzzles/Table Games	Pajama Party Day 21 9:30 Morning Readings 10:30 Catholic Church Service 10:30 Chair Dancing Exercise 11:00 Little Rascals Show 2:00 Snacks & Short Story 3:00 One-on-One Walks 4:00 Life Station Activity 5:00 Puzzles/Table Games	Lumberjack Day 22 9:30 Morning Readings 10:00 Florida Keys Workout 10:45 Snacks & Bingo 2:00 Who am I? 3:00 Bean Bag Toss 3:30 One-on-One Puzzles 4:00 Life Station Activity-Baby 6:00 Puzzles/Table Games
Happy Birthday Ernest! 23 8:00 Morning Music 9:30 Morning Readings 10:00 Live Church Service 11:00 Noodle Ball 2:00 Trivia & Snacks 3:00 Painting with Relish Art 4:00 Table Puzzles 5:00 Evening Movie	Blue Monday 24 9:30 Morning Readings 10:00 Morning Stretches & Chair Volleyball 11:00 Magazine Scavenger Hunt 1:30 Storywise 2:30 Armchair Travel & Snack 3:30 Manicure & Hand Massage 6:00 Puzzles/Table Games	Hot Fudge Sundae Day 25 9:30 Morning Readings 10:00 Chair Basketball 11:00 Bingo 1:00 YT: Joe Hisaishi Music 2:00 Ice Cream Party 3:00 Jeopardy Trivia 4:00 TV Show: Rascals 6:00 Puzzles/Table Games	It's Only Rock 'n' Roll Day 26 9:30 Morning Readings 10:30 Morning Stretches and Fitness Fun with Noodles 1:00 The Beatles Music 2:00 Paint it Black A&C 4:00 BBC Reminiscing Archive 6:00 Puzzles/Table Games	Chili Dog Day 27 9:30 Morning Readings 10:00 Stretches & Exercise with Parachute 11:00 Bingo 2:00 Happy Hour & Snack Time 3:30 Trivia & Hydration 5:00 Gun Smoke TV Show 6:00 Puzzles/Table Games	Shipshape Day 28 9:30 Morning Readings 10:30 Catholic Church Service 10:30 Chair Dancing Exercise 11:00 History of the Navy 2:00 Snacks & Trivia 3:00 One-on-One Walks 4:00 Life Station Activity 5:00 Puzzles/Table Games	Getting to Know You Day 29 9:30 Morning Readings 10:00 Florida Keys Workout 10:45 Snacks & Bingo 2:00 What am I? Tour de France 3:00 Bean Bag Toss 3:30 One-on-One Puzzles 4:00 Life Station Activity-Baby 6:00 Puzzles/Table Games
International Day of Friendship 30 8:00 Morning Music 9:30 Morning Readings 10:00 Live Church Service 11:00 Noodle Ball 2:00 Trivia & Snacks 3:00 Painting with Relish Art 4:00 Table Puzzles 5:00 Evening Movie	Moby Dick Marathon 31 9:30 Morning Readings 10:00 Morning Stretches & Chair Volleyball 11:00 Puzzles/Table Games 1:30 Storywise & Snack 2:30 Armchair Travel & Snack 3:30 Manicure & Hand Massage 6:00 Moby Dick Movie on YT					