

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legendary Babe Ruth Day 1 8:00 Morning Music 9:30 Morning Readings 10:30 Songs of Praise 11:00 Noodle Ball Game 1:00 Western Shows 2:00 Trivia & Snacks 3:00 Movie Special 5:00 Nature Programs	Peanuts Day 2 9:30 Morning Readings 10:00 Hydrate & Aromatherapy 10:30 Noodle Ball 1:00 M.A.S.H 2:30 Armchair Travel 3:30 Arts & Crafts 6:00 Puzzles/Table games	German Unity Day 3 9:30 Morning Readings 10:30 Morning Exercises 11:00 BINGO 1:00 Roy Rogers 2:00 Brain Teasers 3:00 Sing-A-Along 6:00 Comedy Movie Night	National Ships in Bottles Day 4 9:30 Morning Readings 10:30 Chair exercises & Stretches. 1:00 I Love Lucy 2:00 Hangman 3:00 Snack & Hydrate 4:00 Arts & Craft 6:00 Puzzles/Table Games	First Presidential Address Day 5 9:30 Morning Readings 10:00 Stretches & Exercise with Parachute 11:00 BINGO 1:30 Western Movies 2:00 Happy Hour w/ Bill M. 5:00 Puzzles/Table Games	World Smile Day 6 9:30 Morning Readings 10:30 Catholic Service 10:30 Chair Dancing 11:00 BINGO 2:00 Snacks & Mind Joggers 4:00 Baby Therapy 5:00 Table Games	American Bandstand Day 7 9:30 Morning Readings 10:30 Snacks & BINGO 1:00 Relaxing Music 2:00 Bean Bag Toss 3:00 Movie Special 4:00 Life Station Activity and Arts & Craft 6:00 Snack and music <small>Simchat Torah Begins</small>
Crazy Cookie Day 8 8:00 Morning Music 9:30 Morning Readings 10:30 Songs of Praise 11:00 Noodle Ball Game 1:00 Western Shows 2:00 Trivia & Snacks 3:00 Movie Special 5:00 Nature Programs	John Lennon Day 9 9:30 Morning Readings 10:00 Hydrate & Aromatherapy 10:30 Noodle Ball 1:00 M.A.S.H 2:30 Armchair Travel 3:30 Arts & Crafts 6:00 Puzzles/Table Games <small>Celebrate Day (US), Indigenous Peoples Day, Thanksgiving Day (Canada)</small>	Face Your Fears Day 10 9:30 Morning Readings 10:30 Morning Exercises 11:00 BINGO 1:00 Roy Rogers 2:00 Brain Teasers 3:00 Sing-A-Along 6:00 Comedy Movie Night	Myths & Legends Day 11 9:30 Morning Readings 10:30 Chair exercises & Stretches. 1:00 I Love Lucy 2:00 Hangman 3:00 Snack & Hydrate 4:00 Arts & Craft 6:00 Puzzles/Table Games	I Pledge Allegiance Day 12 9:30 Morning Readings 10:00 Stretches & Exercise with Parachute 11:00 BINGO 1:30 Western Movies 3:30 Family & Friends Party w/ Latin Breeze 5:00 Puzzles/Table Games	The Navy's Birthday 13 9:30 Morning Readings 10:30 Catholic Service 10:30 Chair Dancing Outing 11:00 BINGO 2:00 Snacks & Mind Joggers 4:00 Baby Therapy 5:00 Table Games	Universal Music Day 14 9:30 Morning Readings 10:30 Snacks & BINGO 1:00 Relaxing Music 2:00 Bean Bag Toss 3:00 Movie Special 4:00 Life Station Activity and Arts & Craft 6:00 Snack and music
I Love Lucy Anniversary 15 8:00 Morning Music 9:30 Morning Readings 10:30 Songs of Praise 11:00 Noodle Ball Game 1:00 Western Shows 2:00 Trivia & Snacks 3:00 Movie Special 5:00 Nature Programs	Movie Monsters Day 16 9:30 Morning Readings 10:00 Hydrate & Aromatherapy 10:30 Noodle Ball 1:00 M.A.S.H 2:30 Armchair Travel 3:30 Arts & Crafts 6:00 Puzzles/Table games	National Geo Day 17 9:30 Morning Readings 10:30 Morning Exercises 11:00 BINGO 1:00 Roy Rogers 2:00 Brain Teasers 3:00 Sing-A-Along 6:00 Comedy Movie Night	Chocolate Cupcake Day 18 9:30 Morning Readings 10:30 Chair exercises & Stretches. 1:00 I Love Lucy 2:00 Hangman 3:00 Snack & Hydrate 4:00 Arts & Craft 6:00 Puzzles/Table Games	Hocus Pocus Holiday 19 9:30 Morning Readings 10:00 Stretches & Exercise with Parachute 11:00 BINGO 1:30 Western Movies 2:00 Happy Hour w/ Eddy Rivers 5:00 Puzzles/Table Games	Monster Mash Day 20 9:30 Morning Readings 9:30 Pumpkin Pickin Outing 10:30 Catholic Service 10:30 Chair Dancing 11:00 BINGO 2:00 Snacks & Mind Joggers 4:00 Baby Therapy 5:00 Table Games	Sweetest Day 21 9:30 Morning Readings 10:30 Snacks & BINGO 1:00 Relaxing Music 2:00 Bean Bag Toss 3:00 Movie Special 4:00 Life Station Activity and Arts & Craft 6:00 Snack and music
National Pastoral Day 22 8:00 Morning Music 9:30 Morning Readings 10:30 Songs of Praise 11:00 Noodle Ball Game 1:00 Western Shows 2:00 Trivia & Snacks 3:00 Movie Special 5:00 Nature Programs	Eatin' Pumpkin Day 23 9:30 Morning Readings 10:00 Hydrate & Aromatherapy 10:30 Noodle Ball 1:00 M.A.S.H 2:30 Armchair Travel 3:30 Arts & Crafts 6:00 Puzzles/Table games	OH, Bologna Day 24 9:30 Morning Readings 10:30 Morning Exercises 11:00 BINGO 1:00 Roy Rogers 2:00 Brain Teasers 3:00 Sing-A-Along 6:00 Comedy Movie Night	Pablo Picasso Day 25 9:30 Morning Readings 10:30 Chair exercises & Stretches. 1:00 I Love Lucy 2:00 Hangman 3:00 Snack & Hydrate 4:00 Arts & Craft 6:00 Puzzles/Table Games	Howl at the Moon 26 9:30 Morning Readings 10:00 Stretches & Exercise with Parachute 11:00 BINGO 1:30 Western Movies 2:00 Happy Hour 5:00 Puzzles/Table Games	Frankenstein Friday 27 9:30 Morning Readings 10:30 Catholic Service 10:30 Chair Dancing 11:00 BINGO 2:00 Snacks & Mind Joggers 4:00 Baby Therapy 5:00 Table Games	Red Hair & Freckles Day 28 9:30 Morning Readings 10:30 Snacks & BINGO 1:00 Relaxing Music 2:00 Bean Bag Toss 3:00 Movie Special 4:00 Life Station Activity and Arts & Craft 6:00 Snack and music
Spooky Sunday 29 8:00 Morning Music 9:30 Morning Readings 10:30 Songs of Praise 11:00 Noodle Ball Game 1:00 Western Shows 2:00 Trivia & Snacks 3:00 Movie Special 5:00 Nature Programs	Jack-O-Lantern Day 30 9:30 Morning Readings 10:00 Hydrate & Aromatherapy 10:30 Noodle Ball 1:00 M.A.S.H 2:30 Armchair Travel 3:30 Arts & Crafts 6:00 Puzzles/Table games	All Hallows Eve 31 9:30 Morning Readings 10:30 Morning Exercises 11:00 BINGO 1:00 Roy Rogers 2:00 Brain Teasers 3:00 Sing-A-Along 6:00 Comedy Movie Night <small>Halloween</small>	 <h1 style="color: green; font-size: 2em;">OCTOBER 2023</h1> <h2 style="color: white; font-size: 1.5em;">Memory Care Community Activities</h2>			