

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2024

Memory Care Neighborhood Activities
Purposeful, Emotional, Physical, Social, Spiritual, Intellectual

<p>8:00 Worship Music ^{YH}</p> <p>9:30 Morning Reading ^{BH}</p> <p>10:00 Cooking Demo ^{YH}</p> <p>11:00 Chair Volleyball ^{BH}</p> <p>1:00 Classic TV Shows ^{Y&BH}</p> <p>3:30 Life Station Activities ^{YH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">3</p>	<p>8:00 Jazz Music ^{Y&BH}</p> <p>9:30 Morning Readings and Morning Stretches ^{BH}</p> <p>10:45 Art & Craft ^{YH}</p> <p>1:30 Fun w. Parachute ^{BH}</p> <p>2:30 Men's Social ^{BH}</p> <p>4:00 Baby/Pet Therapy ^{YH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">4</p>	<p>8:00 Feel Good Music ^{Y&BH}</p> <p>9:30 The Daily Chronicles and Chair Yoga ^{BH}</p> <p>10:30 BINGO ^{YH}</p> <p>1:30 Stroll in the Garden</p> <p>3:00 Chair Basketball ^{BH}</p> <p>4:00 Life Station Activities ^{YH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">5</p>	<p>8:00 Meditation Music ^{Y&BH}</p> <p>9:30 Morning Readings & Chair Dancing ^{BH}</p> <p>10:00 Baking with Julia ^{BH}</p> <p>1:30 Noodle Ball ^{BH}</p> <p>3:00 Dominoes ^{BH}</p> <p>4:00 Baby/Pet Therapy ^{Y&BH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">6</p>	<p>8:00 Relaxing Music ^{Y&BH}</p> <p>9:30 Morning Readings and Chair Exercise ^{BH}</p> <p>10:30 BINGO ^{YH}</p> <p>2:00 Happy Hour ^{BH}</p> <p>3:00 Armchair Travel ^{YH}</p> <p>4:00 Baby/Pet Therapy ^{Y&BH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">7</p>	<p>9:30 Morning Readings ^{BH}</p> <p>10:00 Catholic Service ^{2nd FL}</p> <p>10:30 Dice/Card Game ^{YH}</p> <p>10:30 Scenic Drive & DD</p> <p>2:00 Table Talk Tidbit ^{YH}</p> <p>3:00 Chair Volleyball ^{BH}</p> <p>4:00 Baby Therapy ^{Y&BH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">1</p>	<p>8:00 Relaxing Music ^{Y&BH}</p> <p>9:30 The Daily Chronicles ^{BH}</p> <p>10:30 BINGO</p> <p>1:30 Bean Bag Number Toss</p> <p>2:30 Hand Massage & Nail Painting ^{YH}</p> <p>4:00 Watering Plants</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">2</p>
<p>8:00 Worship Music ^{YH}</p> <p>9:30 Morning Reading ^{BH}</p> <p>10:00 Cooking Demo ^{YH}</p> <p>11:00 Chair Volleyball ^{BH}</p> <p>1:00 Classic TV Shows ^{Y&BH}</p> <p>2:00 Music by Bill San Juan ^{BH}</p> <p>3:30 Life Station Activities ^{YH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">10</p>	<p>8:00 Jazz Music ^{Y&BH}</p> <p>9:30 Morning Readings and Morning Stretches ^{BH}</p> <p>10:45 Art & Craft ^{YH}</p> <p>1:30 Fun w. Parachute ^{BH}</p> <p>2:30 Men's Social ^{BH}</p> <p>4:00 Baby/Pet Therapy ^{YH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">11</p>	<p>8:00 Feel Good Music ^{Y&BH}</p> <p>9:30 The Daily Chronicles and Chair Yoga ^{BH}</p> <p>10:30 BINGO ^{YH}</p> <p>1:30 Stroll in the Garden</p> <p>3:00 Chair Basketball ^{BH}</p> <p>4:00 Life Station Activities ^{YH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">12</p>	<p>8:00 Meditation Music ^{Y&BH}</p> <p>9:30 Morning Readings & Chair Dancing ^{BH}</p> <p>10:00 Baking with Julia ^{BH}</p> <p>1:30 Noodle Ball ^{BH}</p> <p>3:00 Dominoes ^{BH}</p> <p>4:00 Baby/Pet Therapy ^{Y&BH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">13</p>	<p>8:00 Relaxing Music ^{Y&BH}</p> <p>9:30 Morning Readings and Chair Exercise ^{BH}</p> <p>10:30 BINGO ^{YH}</p> <p>1:30 Baby/Pet Therapy ^{Y&BH}</p> <p>2:30 Armchair Travel ^{YH}</p> <p>3:30 Friends & Family Party ^{BH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">14</p>	<p>9:30 Morning Readings ^{BH}</p> <p>10:00 Catholic Service</p> <p>10:30 Dice/Card Game ^{YH}</p> <p>1:30 Scenic Drive</p> <p>2:00 Table Talk Tidbit ^{YH}</p> <p>3:00 Chair Volleyball ^{BH}</p> <p>4:00 Baby Therapy ^{Y&BH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">15</p>	<p>8:00 Relaxing Music ^{Y&BH}</p> <p>9:30 The Daily Chronicles ^{BH}</p> <p>10:30 BINGO</p> <p>1:30 Bean Bag Number Toss</p> <p>2:30 Hand Massage & Nail Painting ^{YH}</p> <p>4:00 Watering Plants</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">16</p>
<p>8:00 Worship Music ^{YH}</p> <p>9:30 Morning Reading ^{BH}</p> <p>10:00 Cooking Demo ^{YH}</p> <p>11:00 Chair Volleyball ^{BH}</p> <p>1:00 Classic TV Shows ^{Y&BH}</p> <p>3:30 Life Station Activities ^{YH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">17</p>	<p>8:00 Jazz Music ^{Y&BH}</p> <p>9:30 Morning Readings and Morning Stretches ^{BH}</p> <p>10:45 Art & Craft ^{YH}</p> <p>1:30 Fun w. Parachute ^{BH}</p> <p>2:30 Men's Social ^{BH}</p> <p>4:00 Baby/Pet Therapy ^{YH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">18</p>	<p>8:00 Feel Good Music ^{Y&BH}</p> <p>9:30 The Daily Chronicles and Chair Yoga ^{BH}</p> <p>10:30 BINGO ^{YH}</p> <p>1:30 Stroll in the Garden</p> <p>2:00 Spring Slushy Social ^{BH}</p> <p>4:00 Life Station Activities ^{YH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">19</p>	<p>8:00 Meditation Music ^{Y&BH}</p> <p>9:30 Morning Readings & Chair Dancing ^{BH}</p> <p>10:00 Baking with Julia ^{BH}</p> <p>1:30 Noodle Ball ^{BH}</p> <p>3:00 Dominoes ^{BH}</p> <p>4:00 Baby/Pet Therapy ^{Y&BH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">20</p>	<p>8:00 Relaxing Music ^{Y&BH}</p> <p>9:30 Morning Readings and Chair Exercise ^{BH}</p> <p>10:30 BINGO</p> <p>2:00 Happy Hour</p> <p>3:00 Armchair Travel</p> <p>4:00 Baby/Pet Therapy ^{Y&BH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">21</p>	<p>9:30 Morning Readings ^{BH}</p> <p>10:00 Catholic Service</p> <p>10:30 Dice/Card Game ^{YH}</p> <p>Scenic Drive/Ice Cream Shop</p> <p>2:00 Table Talk Tidbit ^{YH}</p> <p>3:00 Chair Volleyball ^{BH}</p> <p>4:00 Baby Therapy ^{Y&BH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">22</p>	<p>8:00 Relaxing Music ^{Y&BH}</p> <p>9:30 The Daily Chronicles ^{BH}</p> <p>10:30 BINGO</p> <p>1:30 Bean Bag Number Toss</p> <p>2:30 Hand Massage & Nail Painting ^{YH}</p> <p>4:00 Watering Plants</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">23</p>
<p>8:00 Worship Music ^{YH}</p> <p>9:30 Morning Reading ^{BH}</p> <p>10:00 Cooking Demo ^{YH}</p> <p>11:00 Chair Volleyball ^{BH}</p> <p>1:00 Classic TV Shows ^{Y&BH}</p> <p>3:30 Life Station Activities ^{YH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">24</p>	<p>8:00 Jazz Music ^{Y&BH}</p> <p>9:30 Morning Readings and Morning Stretches ^{BH}</p> <p>10:45 Art & Craft ^{YH}</p> <p>1:30 Fun w. Parachute ^{BH}</p> <p>2:30 Men's Social ^{BH}</p> <p>4:00 Baby/Pet Therapy ^{YH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">25</p>	<p>8:00 Feel Good Music ^{Y&BH}</p> <p>9:30 The Daily Chronicles and Chair Yoga ^{BH}</p> <p>10:30 BINGO ^{YH}</p> <p>1:30 Stroll in the Garden</p> <p>3:00 Chair Basketball ^{BH}</p> <p>4:00 Life Station Activities ^{YH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">26</p>	<p>8:00 Meditation Music ^{Y&BH}</p> <p>9:30 Morning Readings & Chair Dancing ^{BH}</p> <p>10:00 Baking with Julia ^{BH}</p> <p>1:30 Noodle Ball ^{BH}</p> <p>3:00 Dominoes ^{BH}</p> <p>4:00 Baby/Pet Therapy ^{Y&BH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">27</p>	<p>8:00 Relaxing Music ^{Y&BH}</p> <p>9:30 Morning Readings and Chair Exercise ^{BH}</p> <p>10:30 BINGO</p> <p>2:00 Happy Hour</p> <p>3:00 Armchair Travel</p> <p>4:00 Baby/Pet Therapy ^{Y&BH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">28</p>	<p>9:30 Morning Readings ^{BH}</p> <p>10:00 Catholic Service</p> <p>10:30 Dice/Card Game ^{YH}</p> <p>11:30 Men's Club Outing</p> <p>2:00 Table Talk Tidbit ^{YH}</p> <p>3:00 Chair Volleyball ^{BH}</p> <p>4:00 Baby Therapy ^{Y&BH}</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">29</p>	<p>8:00 Relaxing Music ^{Y&BH}</p> <p>9:30 The Daily Chronicles ^{BH}</p> <p>10:30 BINGO</p> <p>1:30 Bean Bag Number Toss</p> <p>2:30 Hand Massage & Nail Painting ^{YH}</p> <p>4:00 Watering Plants</p> <p>6:00 Classic TV ^{BH} & Movie ^{YH}</p> <p style="text-align: right;">30</p>

8:00 **Worship Music** ^{YH}

9:30 Morning Reading ^{BH}

10:00 **Cooking Demo** ^{YH}

11:00 **Chair Volleyball** ^{BH}

1:00 **Classic TV Shows** ^{Y&BH}

3:30 **Life Station Activities** ^{YH}

6:00 **Classic TV** ^{BH} & Movie ^{YH}

31

Easter Sunday

YH: Yellow Hallway
BH: Blue Hallway

**Happy March Birthday
Julius (19th)**

